



Directions to Parkland High School:

From Route 22 East or West take the Cedar Crest Boulevard exit.
 At the end of the exit ramp make a right onto Cedar Crest Blvd.
 Travel 2 miles to Parkland High School on the left.

Parking:

For the safety of all athletes, the entire course will be closed for the duration of the race without exceptions. Please plan your parking accordingly. There will be no entry after or exit before the times listed below. Swim begins at 9:00am and all athletes should be finished no later than 12:00noon.

Lot:	Entry	Exit
1 Athlete/Volunteer Parking	Unlimited	Unlimited
2 Volunteer Parking	Prior to 8:45am	After the conclusion of the run
3 Athlete Parking	Prior to 8:45am	After the conclusion of the bike
4 Spectator Parking	Prior to 8:45am	After the conclusion of the bike
5 Spectator Parking	Prior to 8:45am	After the conclusion of the bike

Many thanks to South Whitehall Township (Board of Commissioners, Township Manager, Public Works and Police), Cetronia Ambulance Corps and Greenawalds Fire/Rescue all whom have donated and dedicated their time and talents to ensure our athletes safety!

